

Saint Elizabeth of Schönau

∞ 1129-1164 ∞

Elizabeth entered as oblate in the Benedictine Monastery of Schönau where she would later make vows at the age of 17. From the age of 23 years old she was favored with numerous ecstasies and visions.

In 1115, her brother Egbert, who was known for his fight against the Cathars, met her in Schönau and began to transcribe these visions of his sister into Latin. When her Angel appeared, Egbert urged Elizabeth to ask the Angel to clear some thorny questions. Elizabeth had, more than one time, angelic visions that attest to the truth of the transubstantiation, a sensitive point in the fight against the Cathar heresy. From her profound bond of friendship with St. Hildegard of

One day, when she was assisting a religious sister who was about to die, she saw two Angels who, simply with their presence, put to flight the demons that surrounded the religious sister seeking in every way to harm her soul. The two celestial spirits made vigil with the sick sister until her death, and they left only to guide their protégé into paradise. While the religious sisters were in prayer next to the deceased, Elizabeth saw another Angel of extraordinary beauty



Bingen, we have about 15 letters remaining in which Elizabeth confides to St. Hildegard some of these visions.

remaining continuously in the cell, next to the body, until the body was transferred to the Church of the Monastery. Elizabeth saw him yet again during the funeral and during the burial of the religious sister.