he Blessed Alexandrina Maria da Costa among her many mystic experiences recounts that Jesus showed her how by means of suffering, the souls can be purified and made worthy of Paradise: "Jesus placed himself at the center of the Rosary garland, expanding it always more and said: 'Hold the cross firmly in your hands, squeeze it tightly to your heart: the whole of humanity is inside the Rosary garland.

Tell, my daughter, tell the souls about the Rosary and the Eucharist. The Rosary, the Rosary! The Eucharist, my Body and my Blood! The Eucharist, the Eucharist with my victims: behold the salvation of the world. Had I many victims like the one of this Calvary, with all her generosity, with all her heroism, in a total abandon! But I do not have them.'

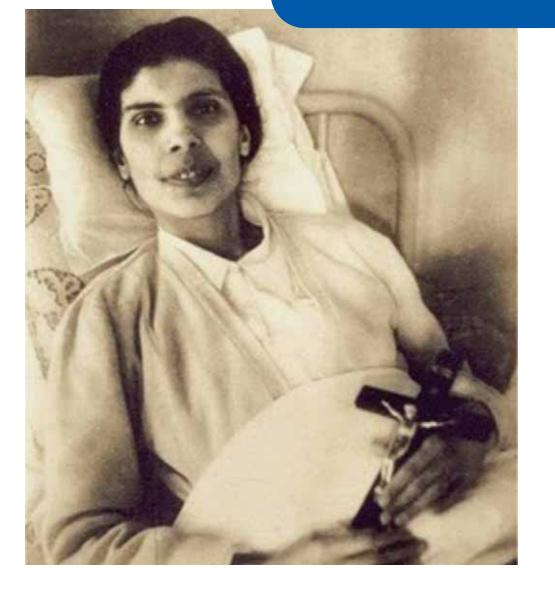
At that moment, without knowing how, I was lifted up. The cross that I had in my hands remained behind me as if I were nailed upon it. My heart became a vase preserving blood. From the two sides arose two stairs that terminated at the two ends of the horizontal arm. The one on the right was the stair of the Rosary, the one on the left was the stair of the Eucharist; the one of the Eucharist had, at more or less halfway, a bunch of golden wheat and two bunches of ripe grapes. The souls were ascending, ascending in a hurry, filling the entire width of the stairs; they passed from the ends of the horizontal arm of the cross into the vase that contained the blood: there they cleansed, flew higher and entered Heaven. Oh, how I would like that all could see this!

life is a continuous sermon: when you speak, when you smile, when you cry and mourn more, overburdened by the weight of the cross. It is a true example for the powerful, for the humble, for the wise and for the doctors of the Church. Your agony brings souls to the Rosary and the Eucharist. Through your suffering they ascend those two stairs of salvation: pain and blood, pain and cross, cross of salvation. Then, at the top, they pass again through the crucible of your martyrdom; after purifying themselves, from the arm of the cross they fly to Heaven' (...)

Jesus said again: 'I am with you and with you is my Blessed Mother. She was the one sustaining the Rosary garland from the opposite side. Then let us go to help the world, to save the sinners!'''

Stricken with a progressive paralysis

Blessed Alexandrina Maria da Costa 1904-1955



"My daughter, my dear bride, make sure that I am loved, consoled and repaired in My Eucharist.

Tell in My name that I promise Heaven to all who will receive Holy Communion properly, with sincere humility, fervor and love on the first six consecutive Thursdays, and will spend one hour of adoration in front of My Tabernacle in intimate union with Me. This is to honor through the Eucharist, My Holy Wounds, honoring first the one of My Sacred shoulder, remembered so little. Those who to the memory of My Wounds shall unite the memory of the sorrows of My Blessed Mother asking, because of them, both spiritual and corporeal graces, have My promise that the graces will be granted, unless they would be of harm to their soul.

Then Jesus said: 'My daughter, your

since 1925, she is forced by terrible pains to remain bedridden. She decides to be the lamp in front of the Tabernacle: every day she visits Jesus present in the Eucharist in spirit, and offers herself for the sinners. Jesus entrusts her with this program of life: "Love, suffer, repair". From 1938 she relives the sufferings of the Passion of Jesus: every Friday she miraculously gets out of her bed and brings to life the events of the Way of the Cross. For 14 years she would nourish herself only with the Eucharist after that Jesus had foretold her: "You will not eat anymore on earth. Your food is my flesh: your blood, my blood. Great is the miracle of your life." On May 6, 1955 Our Lady appears to her to promise to come soon to take her to Paradise. On October 13 she would fly to Heaven.

At the moment of their death I will bring with Me My Most Holy Mother to defend them."

Jesus to B. Alexandrina M. da Costa of Balasar

