“How do we make sacrifices?” I asked.

“In every possible way offer God a sacrifice as an act of reparation for the sins with which he is offended and of supplication for the conversion of sinners. In this way, you call down peace on your country. I am the Angel Guardian of Portugal. Above all, accept and bear with submission the sufferings the Lord will send you.’ And he disappeared. ‘These words of the Angel were recorded in our spirit’.”

Third Apparition of the Angel

“We saw the Angel with a chalice in his left hand and, suspended above it, a Host, from which drops of Blood were falling into the chalice. Leaving the chalice and Host suspended in the air, he prostrated himself on the ground near us and repeated three times: ‘Most Holy Trinity, Father, Son and Holy Spirit, I adore you profoundly and I offer you the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for all the offenses, sacrileges and indifference with which he is offended. And through the infinite merits of His Sacred Heart and of the Immaculate Heart of Mary, I ask for the conversion of poor sinners.’

“Then, getting up, he once again took the chalice and the Host and gave the Host to me, and what was in the chalice he gave to Jacinta and Francesco, saying to them at the same time: ‘Take and drink the Body and Blood of Jesus Christ, which are so horribly offended by men.’”