Bitter herbs symbolize the bitterness of slavery in Egypt.

Unleavened bread recalls the night of passage when the Jews made unleavened bread.

Blood of the lamb smeared on the doors saved the firstborn Jews.

The haroset sauce recalls the mortar the Jews used for the bricks of the Egyptian constructions.

Paten containing consecrated bread (Hosts) that truly embodies the Body and Blood of Jesus.

The egg is a symbol of new life.

Chalice containing consecrated Wine that truly embodies the Body and Blood of Jesus.
PRACTICE YOUR FAITH BY LOOKING FOR THE PASSAGES OF THE GOSPEL THAT CORRESPOND WITH THE SCENES IN THE DRAWING

Holy Thursday
Good Friday
Holy Saturday
Easter Sunday
IN THESE SCENES JESUS PERFORMS MIRACLES. WOULD YOU BE ABLE TO FIND THE PASSAGES OF THE GOSPEL THAT CORRESPOND TO THEM? IN YOUR OPINION, IN WHICH MIRACLES DOES JESUS FORETELL THE EUCHARIST AND PREPARE HIS DISCIPLES FOR THE GREAT GIFT OF THE EUCHARIST?
Getting to Know....
....The Sacrament of the Eucharist
The Chutes and Ladders Game about the Eucharist
The object of the game is to be the first one to reach the church in the last space and then answer the final question correctly.

Set Up
You can play with a minimum of 2 and maximum of 6 players; each player uses a coin or small object as a pawn and puts it on the Go space; you will also need a 6 sided die.

Game Play
Throw the die, whoever casts the highest number goes first. Taking turns moving clockwise each player throws the die and moves forward the same number of spaces as the number rolled. If you end up on a special space, labeled with a number, you have to read the question that corresponds with that number and answer it. If you get the right answer you can throw the die again, otherwise your turn is over. Other special spaces have instructions written within the space itself; follow those instructions!

SPECIAL SPACES

1 Who instituted the Holy Mass?

2 When was the Holy Mass instituted?

3 What is the difference between Jewish Passover and Christian Easter?

4 When did Transubstantiation first occur?

5 What is the Liturgy?

6 Can Holy Mass be celebrated using other substances in place of the bread and wine?

7 Who can celebrate Holy Mass?

8 Which biblical readings are done during Holy Mass?

9 When did Jesus foretell the Holy Mass?

10 How many books are comprised in the Holy Scripture?

11 How is Jesus present in the Consecrated Bread and Wine?

12 Is Jesus present in the Most Holy Sacrament in the same way in which he is present in the Sacred Scripture and in the unified assembly at Mass?
13 What realization is again carried into effect during the Holy Mass?

14 Was the bread that the Angel gave the Prophet Elijah the same thing as the consecrated Host or was it just plain bread?

15 Are the three persons of the Holy Trinity, the Father, the Son and the Holy Spirit three Gods or only one God?

16 What do we remember at Mass on Sunday?

17 What does Easter celebrate?

18 In order to continue, tell me three episodes within the Old Testament that prefigure the Eucharist.

19 In which reading from the Gospel does Jesus say: "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst. For this is the will of my Father, that everyone who sees the Son and believes in him may have eternal life, and I shall raise him (on) the last day."?

20 Does breaking the Host in half also break the Body of Jesus?

21 What are the parts of the Holy Mass?

22 Are there many liturgical rites in the Catholic Church?

Have fun!

Refer to the last 3 pages of the Workbook Answers for the correct answers to the Chutes and Ladder’s game.
WELCOME EVERYONE. SIT WHEREVER YOU LIKE!

I’M SITTING BY THE COOKIES!

BUT THEY ARE DIFFERENT FROM LAST TIME!

HA, HA, HA! THEY ARE STILL WARM; MY MOM JUST TOOK THEM OUT OF THE OVEN.

IT’S TRUE! LOOK HOW BEAUTIFUL THE STAR AND CRESCENT SHAPES ARE.

I WANT ONE OF THE CRESCENT SHAPES!

SETTLE DOWN! THERE’S ENOUGH FOR EVERYONE! I ASKED MY SISTER TO MAKE THEM DIFFERENT BECAUSE IT WILL HELP US WITH TODAY’S LESSON.

OF COURSE! ANY EXCUSE FOR A LESSON!

WHAT ARE WE GOING TO TALK ABOUT?
AND YOU READERS, DO YOU KNOW WHAT TRANSUBSTANTIATION MEANS?
IN THE VARIOUS COOKIE FORMS: ROUND, SQUARE, STAR, CRESCENT. AS YOU CAN SEE, EVEN THOUGH THE COOKIES ARE IN DIFFERENT SHAPES, THEY REMAIN COOKIES. THEREFORE…?

OK, BUT TO BE EVEN MORE PRECISE, LET’S SAY THAT THE SUBSTANCE OF OUR COOKIES DOES NOT CHANGE. IT’S ALWAYS THE SAME EVEN THOUGH THE COOKIES ARE DIFFERENT IN SHAPE. WE’LL CALL THE SHAPE OF THE COOKIES: EXTERIOR CHARACTERISTICS OR SPECIES.

THEREFORE, UNCLE MARK, THE COOKIES’ SUBSTANCE IS IDENTICAL EVEN THOUGH THEIR SHAPES ARE DIFFERENT.
Now that we have colored our little boats, tell me, compared to before what has changed?

OK, I'll start mine and each of you will make your own.

Let's find one with little paper boats! OK, I'll start mine and each of you will make your own.

Mine has to have blue and white stripes.

I want mine red.

Well, the little boats are still little boats, more precisely, the substance of the little boats is the same as always but the characteristics of the boats changed because now one is red, another has blue and white stripes, mine is green and Mattia's is yellow.

Let's apply this discussion to the Eucharist. In Holy Mass, after the priest does the consecration, what happens to the species or external characteristics of the bread, or better yet, the host and the wine?
In Holy Mass, after the priest finishes pronouncing the words of the consecration, the species or external characteristics of the host do not change. In fact, when we take communion, the host has the same flavor, smell and color as before it was consecrated. But I know that the substance of the host became the body and blood of Jesus.

It’s true: in fact the color, the taste and the smell of the consecrated host is the same as before it was consecrated, but the substance changed into the body and blood of Jesus!

It is exactly the opposite of what we did by coloring the little boats! In that case, the exterior characteristics or species of the little boats changed, because we made them different colors, but the substance of the little boats stayed the same.

Exactly! And theologians call this process: transubstantiation!

So Fr. Mark, when Jesus says at the last supper: “This is my body, which will be given for you; do this in memory of me. This cup is the new covenant in my blood, which will be shed for you.” He really means it! He is not just saying it in a symbolic way!

This is transubstantiation! It certainly is incredible!

So Jesus is truly inside of the consecrated host and wine, it is not a symbol!

It is certainly not a symbol. Jesus’ body and blood are truly inside the consecrated host and wine.
Breaking the Host is not breaking Jesus’ body, which remains whole in every single part. Saint Thomas uses a mirror as an example: even if it breaks into many pieces, the individual fragments continue to reflect a whole image rather than divide it.

This is why Mass is so important! And this is why Eucharistic Adoration is so important!

I did not understand this so well before! Now I finally understand! I thought Holy Mass was just a symbolic rite, and that is what bored me so much!

So we always have Jesus with us!

Um, by the way it has gotten late.

Right, maybe it’s best we go.

Ok, bye everyone! Bye Chiara, thank your mom for the cookies!

Ok, see you tomorrow. Bye!