

The Eucharist

The Bread of Eternal Life



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THE EUCHARIST

The Bread of Eternal Life

Dialogical Catechesis in Images

Catechetical aid for those who prepare First Holy Communion, based on *The Catechism of the Catholic Church* and the Post-Synodal Apostolic Exhortation *Sacramentum Caritatis*





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BIBLICAL ABBREVIATIONS

(in alphabetical order)

Ap Apocalypse of Saint John – The Book of Revelation

Acts Acts of the Apostles
Col Letter to the Colossians

1 Cor First Letter to the Corinthians

2 Cor Second Letter to the Corinthians

1 Cr First Book of Chronicles

Dt Deuteronomy

Heb Letter to the Hebrews Eph Letter to the Ephesians

Ex Exodus Ez Ezekiel

Phil Letter to the Philippians
Gal Letter to the Galatians

Job Job

Js Letter of James

Jd Jude Jl Joel Gn Genesis

Jn Gospel according to John 1 Jn First Letter of Saint John

Is Isaiah

Lam Lamentations

Lk Gospel according to Luke

Lv Leviticus

2 Mac Second Book of MaccabeesMk Gospel according to Mark

Mi Miach

Mt Gospel according to Matthew

Ne Nehemiah Nm Numbers Pr Proverbs

1 Pt First Letter of Peter2 Pt Second letter of Peter1 Kg First Book of the KingsRm Letter to the Romans

Ps Psalms

1 Sam First Book of Samuel 2 Sam Second Book of Samuel

Wis Wisdom Sir Sirach

1 Tm First Letter to Timothy2 Tm Second letter to Timothy

1 Thess First Letter to the Thessalonians

Tt Letter to Titus

OTHER ABBREVIATIONS

Ch. chapter

CCC Catechism of the Catholic Church

C.I.C. Code of Canon Law

cfr. confront

col. Column / columns

Compendium Compendium of the

Catechism of the Catholic

Church

ed. editor / editors

eg. example

ibid. ibidem: same work

n. d. no date cent. century

v./vv. verse / verses

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TO OUR LADY OF THE MANTLE

"Behold your mother," Jesus said to me when I was with you at the foot of the Cross. So, Mary, let me invoke you in this way.

"My Mother, carry me in your heart.

Take me by the hand.

Give me that blessed milk with which you nursed Jesus.

Keep me under your mantle

the way you held Jesus in the shadow of your arms.

My Mother, speak to me of Jesus; tell me everything about Him:

from the night of Christmas to the night of Calvary,

from the light of His conception to the light of His Resurrection.

Help me find that will of the Father

that you shared with him.

Help me welcome that Holy Spirit

who gave life to your womb and gave life to His tomb.

Open me to that love

that made you blessed and full of grace.

Open me to that mission

that, first, enclosed you in the silence of Nazareth

And then took you to a foreign land in search of your lost children.

Teach me abandonment and trust,

poverty and humility,

meekness and hiddenness.

Teach me to weep, to suffer, to die.

Teach me to give myself, to say 'Here I am' to Him who can do all things.

Teach me to walk where he wants me to.

Teach me to lose everything so as to become, with you, mother of all.

Help me at every hour, especially at the last hour,

which will bring me to see your face.

Teach me to say 'yes' when you come with Jesus to take me

from this world to bring me to the Father."

Don Andrea Santoro