## SAMPLES FOR YOUR SUNDAY BULLETIN

Jesus chose the desert as a place to pray in solitude. He fought temptation, the temptations of the devil himself. He taught us how to be victorious over temptation. We must desire victory over it. Call upon the Lord to help you fight temptation, any temptation, every temptation. Often we crowd out the opportunity to be victorious for Christ. We allow "My schedule", "My time", "My life" to come before the voice of Christ which says, "Come to Me". When we permit this, temptation wins. Think about it! Try to pray as St. Augustine prayed, "God, give me the grace to triumph over my enemy, temptation." Desire victory. Go for it! To reserve your hour for adoration, CALL ... +++++++++ Adoration of the Blessed Sacrament comes easily. Never feel worried if you find you have no thoughts at all while you are before the Blessed Sacrament. Never feel inadequate about being an adorer even if you have not developed a spirit of devotion, if you are numb, down and out, weakened by life. The all important factor is that you are before the Lord. Before Him who knows you inside-out. He reads your innermost thoughts and He still loves you immensely. Imagine that! St. John Vianney once compared adoration to spiritual sunbathing. You are taking in the warmth of the grace and love radiating from the Sacred Host. To be there for one hour every week CALL ... "Godhead Here in Hiding" "Godhead here in hiding, Whom I do adore, Masked by these bare shadows, shape and nothing more, See, Lord, at thy service low lies here a heart, Lost, all lost in wonder at the God thou art." St. Thomas Aquinas Come, humbly kneel before Him. Give Him an hour of adoration. CALL ... +++++++++ ++++++++++ +++++++++ ++++++++++