

I. Indicate whether the following are TRUE or FALSE:

- _____ 1. St. Benedict lived in the seventh century.
- _____ 2. The Rule of St. Benedict applies only to monasteries.
- _____ 3. St Benedict encouraged much conversation.
- _____ 4. The Rule of St. Benedict never used the term "Superior".
- _____ 5. Only humble people will be saved.
- _____ 6. Our wills are naturally inclined to good; only the devil can incline our wills to sin.
- _____ 7. We are not naturally humble.
- _____ 8. Each person has an angel assigned to him.
- _____ 9. We naturally love our own will.
- _____ 10. All obedience is exclusively and only to God.
- _____ 11. Religious obedience is less meritorious when we dislike what we are told to do.
- _____ 12. Every human being has to suffer.
- _____ 13. Patience is voluntary suffering.
- _____ 14. It is better that we never tell anyone about our interior failings or sins.
- _____ 15. We should never demean ourselves in our own eyes.
- _____ 16. Every thought tends to become a desire.
- _____ 17. Every desire does not tend to become an action.
- _____ 18. Those who truly love God do not, in any sense, fear God.
- _____ 19. Our tongue and lips have only involuntary muscles.
- _____ 20. It is impossible to control our speech unless we control our thoughts.
- _____ 21. Holy people never have unholy thoughts.
- _____ 22. Wise people talk a great deal.
- _____ 23. Laughter is a sure sign of happiness.
- _____ 24. Tears are a sure sign of unhappiness.
- _____ 25. The normal path to humility is through humiliations.

II. MATCH the terms in the following columns:

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| _____ 26. ORA ET LABORA | 26. UNSTABLE CHARACTER |
| _____ 27. SILENCE | 27. SPEAKING AND TEACHING |
| _____ 28. TALKATIVE PERSONS | 28. THROUGH HUMILITY IN THIS LIFE |
| _____ 29. SELF-COMPLACENT THOUGHTS | 29. DREAD OF OFFENDING GOD |
| _____ 30. MASTER | 30. NATURALLY UNCONTROLLED DESIRES |
| _____ 31. FILIAL FEAR | 31. PRAY AND WORK |
| _____ 32. DISCIPLE | 32. DREAD OF GOD'S PUNISHMENTS |
| _____ 33. SERVILE FEAR | 33. HUMILITY IN SPEECH |
| _____ 34. CONCUPISCENCE | 34. INTERIOR HUMILITY |
| _____ 35. ASCENT TO HEAVEN | 35. SILENT LISTENING |